

MYTH vs FACTS

MYTH:

Becoming enrolled in the Exceptional Family Member Program (EFMP) may limit promotion opportunities.

FACT:

Enrollment in the EFMP ensures availability of care for EFM. Information about EFMP is not given to selection boards and does not adversely affect a SM selection for promotions or schools.

MYTH:

My EFM's medical issues may become public knowledge upon my enrollment in the command.

FACT:

EFMP profile information is sensitive and confidential is protected by Health Insurance Portability and Accountability Act (HIPAA) Privacy Rule. E-EFMP is a secure platform where all enrollment documents are digitally stored. Uploaded medical documents are only viewable by Medical Treatment Facility (MTF) personnel.

MYTH:

The EFMP does not apply to my military family members or dependents.

FACT:

Applicable Family Member conditions are:

- Listed in AR 608-75, Appendix B identifying special needs criteria.
- Hearing or sight problems other than glasses.
- Heart condition, seizure disorder, loss of mobility, diabetes, asthma, allergies, or other respiratory problems.
- Cerebral Palsy, delayed speech, sickle cell trait/disease, cancer, or high blood pressure.
- Depression, alcohol/drug abuse, emotional/behavioral problems, or other therapies.
- Slow development (infants and preschoolers), learning issues, special education services, counseling services for school related problems, or a mental disability.

Enrollment

By regulation, Army National Guard Soldiers serving under the authority, Active Guard Reserve (AGR) Title 10, Title 32, or ADOS with family members whose needs meet the eligibility criteria for special education and/or medical serves MUST be enrolled in EFMP.

ARNG non-AGR soldiers may voluntarily enroll prior to future deployment or active duty orders. Once approved, the enrollment is "inactive" until the Soldier enters an eligible status for services (Title 10 or Title 32 active duty orders of more than 30 consecutive days).

Information and resources are located at the Army website <http://efmp.amedd.army.mil/> and EFMP web page at Military OneSource <https://www.militaryonesource.mil/efmp>

Soldiers enroll and manage all EFMP services in the automated system, **Enterprise EFMP (E-EFMP)** to streamline all aspects of care for families with special needs. Log on and register at E-EFMP. <https://efmp.army.mil/EnterpriseEFMP/>

For EFMP questions or assistance, send inquiries to ARNG EFMP Coordinator Office mailbox: ng.ncr.ngb-arng.mbx.arng-efmp@army.mil



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FAMILY READINESS BRANCH

Taking care of Army National Guard Soldiers & Families

Army National Guard Exceptional Family Member Program (EFMP)

EFMP Exceptional
Family Member
Program

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EXCEPTIONAL FAMILY MEMBER PROGRAM

What is the EFMP?

The Army National Guard (ARNG) Exceptional Family Member Program (EFMP) is a Department of Defense program working with civilian and military agencies to provide comprehensive and coordinated support services to family members with special needs. The objective is to coordinate services for qualified Exceptional Family Members (EFMs) (children and adults) with reasonable accommodations for physical, education and/or mental limitations.

The Army originated the concept of care coordination for EFMs. It provides a defined process to screen, identify and document medical and educational needs of eligible EFMs to ensure availability of services at pinpoint locations prior to a Soldier's designated new assignment.

The primary care provider may identify a special need during a routine medical appointment. If the dependent may meet eligibility criteria, the Soldier should create an enrollment package in E-EFMP.

Any Soldier seeking command sponsorship for an overseas assignment must have all accompanying family members screened by creating an Overseas Travel Screening package in E-EFMP.

Once an EFM is enrolled, upon written request via email from a State AGR Manager (Title 32) or an Assignments Officer/NCO (Title 10 AGR), the ARNG EFMP Coordinator will conduct a nominative inquiry, coordination of care with the respective Regional Health Command (RHC) to determine the availability of care for the Soldier's EFM(s).

All EFMP enrollees must update their enrollment application every three years, or sooner, if there are changes in EFM's medical condition and/or the Soldier's military status changes.

Overview

Army National Guard Active Guard Reserve (AGR) Soldiers serving under the authority of Title 10 or Title 32 U.S. Code who have an eligible EFM are required to enroll in the EFMP.



Enrollment in the EFMP is quite common. In fact, approximately 10% of all Active Component Soldiers have Family members with identified special needs. Enrollment can be initiated through Soldier identification, routine medical appointments, or screening of Family members to accompany a Soldier on an overseas assignment.

Per AR 608-75, ARNG AGR Soldiers must report they have family members with special needs and initiate the enrollment process in E-EFMP. If determined necessary by the Army Medical Department, they are to complete the Medical Summary, DD 2792 and/or the Special Education Summary, DD 2792-1 to process the enrollment into the EFMP.

The EFMP Respite Care Program provides temporary rest periods to the family member who is responsible for regular care of EFMs. EFMP enrollment is a prerequisite to access the Respite Care Programs and services.

Respite Care enrollment is based on eligibility status and it is governed at the local military installation level. Respite Care benefits may also be available through the TRICARE Extended Care Health Option (ECHO) Program - <http://www.tricare.mil/ECHO/>.

Enrollment Process

The Army Enterprise Exceptional Family Member Program (E-EFMP) system is a secure, digital platform that streamlines enrollment, reenrollment, assignment coordination and overseas Family Member Travel Screenings (FMTS). The system's online form saves data and case files to the cloud (on-demand availability), which reduces paperwork and administrative hurdles while safely storing information during every household move, deployment, and rotation. E-EFMP makes it easier and more convenient for Soldiers and their families to navigate the wide and sometimes complex array of resources, benefits, and care available.

Mobile capability with 24/7 access to E-EFMP is available for both the iPhone and Android. E-EFMP also offers a forum feature which allows EFMP families to connect, share information, and create an online community.

Enterprise EFMP (E-EFMP) Website:
<https://efmp.army.mil/EnterpriseEFMP/>

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